

# Help When You Need Somebody



Studies show that the most important person on any diabetic care team is you, the patient. **But we all need help sometimes.** Live Well! At Home With Diabetes offers the most comprehensive at home care, education and self-management tools in the region.

## Program Goals

- Stay healthier and lead your life to the fullest
- Avoid complications
- Prevent avoidable hospitalizations and trips to the emergency room
- Help your physician stay better informed

## VNA nurses are experts in educating patients and family caregivers about...

- Measuring blood sugar levels
- Safely administering insulin
- Making wise food choices
- Foot care
- Environmental factors in the home that affect your health

Not sure about coverage? The VNA will do an in-home assessment to help you determine if you qualify. Call 513-345-8000 today.

\*Home health services for diabetes are 100% covered by Medicare and Medicaid for those who qualify. Many private insurance plans provide coverage, too.

Care. Education. Management.  
With diabetes, knowledge is power!